

# Lockout/Tagout Course

LOT\_D04 & LOT\_004.2

# **Participants Workbook**

Name:		
Company:		
Date:		
Trainer:		





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#### **PROGRAM GOAL**

#### PROTECTION OF WORKERS

# **Hazardous Energy Control**

Participants in this program will be taught the fundamentals of lockout/tagout, the different types of lockout, understanding differences between individual, group, and complex lockouts, choosing when a permit might be required, and the understanding and use of the supplied forms to manage lockout.

This lockout/tagout course is based on CSA standard Z460-20.

#### Electrical Safety - Arc and Shock Protection

It is recommended this course be taught and in conjunction with electrical safe work practices which includes training and procedures in arc and shock protection methods and programs.

# Part 1 - Theory and Methods

- 1. What is Lockout / Tagout (LOTO)
- 2. Definitions & Z460/Z462
- 3. Duties & Responsibilities
- 4. Examples of potential energy sources
- 5. Equipment design and equipment of LOTO
- 6. Tasks and Hazard Identification
- 7. Energy control and types of LOTO
- a) Individual
- b) Group
- c) Complex Group
- 8. References and more information



# **PROGRAM NOTICE**

Completion of this lockout/tag-out (LOTO) course will allow the participant to be considered an Authorized Individual for the purposes of performing common lockout scenarios. Specific company and workplace familiarization and training are still required.

This course will cover the basic concepts, methods, and equipment that can be used to manage common lockouts, but should not be considered the only training required to properly perform LOTO in complex lockout, or when specific procedures are required.



#### 01.1 About Barantas



#### Founded in 2002,

Barantas is a full-service health and safety firm.

We build relationships based on mutual trust by providing our clients with comprehensive, long-term protection and a personalized partnership, anchored by our commitment to service excellence.

Our **infrastructure** allows us to provide each and every client with the same exceptional level of service, regardless of where they are located.

BARANTAS (from Manx Gaelic): authority, surety, safe place or safe haven



# 01.2 Incident Investigations & Field Inspections

Barantas has field experience in incident and accident investigations, along with case law review. Here are a few examples below:

#### Fatality - Refrigeration

Worker fails to verify zero energy state at a refrigeration plant before being in the vicinity and working on equipment. Energy release results in 3 fatalities.

#### Critically Injured - Electrical Arc Flash

Supervisor verifies zero energy state, but does not have control of supply side of electrical gear. Worker begins to work on measuring for wire length with metal fish tape at the source bus bars when they became energized. Worker suffered extreme burns and skin loss, but lived with 65 skin grafts later and 3 years in hospital. Worker was 25 and is permanently disabled.

#### **Critically Injured – Shock**

Electrical worker was working on 347 lighting, turned off switch, but did not verify zero energy state. Upon uncoupling wires was shocked with single phase of 347 which was still live. Heart condition persisted and worker has reduced physical capabilities as a result.

#### Fatality – Physical

Customer shopping in big box store was walking down isle when a heavy large item fell from racking above crushing customer. Person later died from injuries in hospital. Store workers failed to isolate and prevent material from falling from potential energy release resulting in the above incident.

#### 02.1 – Protection of Workers

There is often confusion with lockout of equipment. Specifically when it comes to Lockout programs and the equipment used in those programs.

Example of poor isolation of a valve - DON'T DO THIS

Lockout and Tag out (LOTO) primary purpose (and only purpose) is for the protection of WORKERS.

LOTO locks have nothing to do with protecting equipment from damage or failure. Facilities and workers can use 'maintenance' locks for that purpose. Turning off and locking out equipment that is failing to protect it from further damage is most likely a maintenance lock.

However, once a worker or repair person comes along to repair the equipment and will be working on it, LOTO lock(s) must now be used indicating a worker is on the system and has isolated the energy source(s).

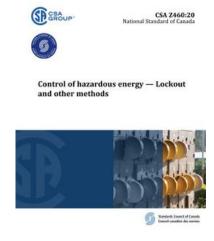


# 02.2 – Hazardous Energy Controls

Participants in this program will be taught the fundamentals of lockout/tagout, the different types of lockout, understanding differences between individual, group, and complex lockouts, choosing when a permit might be required, and the understanding and use of the supplied forms to manage lockout.

#### This lockout/tagout course is based on CSA standard Z460-20.

This standard renews itself approximately every 5 years.



# 02.3 - Electrical Safety

#### **Shock and Arc Flash Protection**

It is recommended this course be taught and in conjunction with electrical safe work practices which includes training and procedures in arc and shock protection methods and programs.



This course will not cover shock and arc flash protection.

Barantas offers a subsequent 'Workplace Electrical Safety' course to complete a company's electrical safe work program requirements, based on the requirements of CSA Z462-24.



#### 03.1 - Solid and Stable Standard

The CSA Z460 Control of Hazardous Energy Standard has been around for a long time and is considered by many to be a solid and stable standard. In recent years it has changed very little with only enhancements being added to it, as well its field practicality or applicability has proven strong.

It may not cover every situation, but its principles and standards are adaptable, allowing workers and supervisors to develop effective means of energy control for the protection of workers.

#### 03.2 - Z460-20 Updates & Additions

Let's review the most recent changes and enhancements to the Z460 Standard: General wording and clarification updates

- 1. Equipment nomenclature wording improved and emphasized
- 2. Clarification of **'remote locations'** when isolation is far from working site procedures required
- 3. Addition of Annex I Application to Construction Sites
- 4. Other enhancements to annexes with more examples

# 04.1 – What is Lock Out & Tag Out - and why?

#### Lockout is:

Equipment, machine, or process made inoperable by placement of a lockout device on an energyisolating device in accordance with an established procedure, thereby indicating that the energy-isolating



device is not to be operated until removal of the lock or in accordance with an established procedure.

# It's Purpose:

To ensure a safe work condition: a state in which an energy source has been disconnected, locked, and tagged out, in accordance with established standards and tested to ensure the isolation of energy.

# 04.2 - What is Lock Out & Tag Out - and why?

The Core of Z460 has several Primary Principles (components) that must be in any LOTO program or procedure.

- EVERY individual working downstream of energy or lockout must be protected
- EVERY individual MUST have control over his or her personal safety
- EVERY individual is responsible for ensuring safe working conditions
- **EVERY** individual **shall**:
  - ensure ALL energy sources are isolated
  - VERIFY isolation and de-energization has been accomplished
  - work in a safe manner (follow procedures)
  - ensure work area is left in a safe state
- Supervisor/Foreman shall: ensure all individuals are informed and participate

#### 05 - DEFINITIONS

#### 05.1 Lock Out

Lockout is - placement of a lockout device on an energy-isolating device in accordance with an established procedure.

#### 05.2 Lock Out Device

A mechanical means of locking that uses an individually keyed lock to secure an energy-isolating device in a position that prevents the energization of a machine, equipment, or process.

# **05.2.1 – Requirements for Lockout Devices** What's wrong with this kit?

# All lockout devices (including all tags used with lockout devices) shall

- 1. be uniquely identified; (usually serial number)
- 2. be the only devices used for controlling hazardous energy;
- 3. not be used for other purposes;
- 4. be capable of withstanding the environment to which they are exposed;
- 5. be standardized within the facility (or company) in at least one of the following criteria:
  - A. colour;
  - B. shape;
  - C. size; or
  - D. specific markings; and
- 6. be substantial enough to prevent the operation of the energy-isolating device without excessive force, unusual measures, or destructive techniques, e.g., bolt cutters or other metal-cutting tools.

An information tag shall be used with each lockout device unless the lockout device itself has the required information attached.

Each lockout device, and tag if used, shall identify the authorized individual who applied the device and may include the date and reason for lockout - and remain legible for the duration of use.

# 05.3 - Information Tags

All LOTO devices **are required to be tagged** with identifying information in accordance with the standard.

Your company may also have additional requirements (like phone number).

A warning label (tag) as a means of attachment used in conjunction with the application of a lockout device to an energy-isolating device. It usually indicates the nature, purpose, and time of application of the lockout, as well as the identity of the authorized individual who performed the lockout.



# 05.3.1 - Requirements for Information Tags

In addition, your personal lock, that must have only **ONE key**,

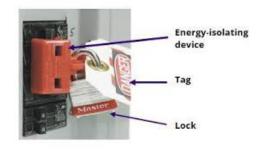
# it also MUST have a tag which is:

- made of non-conducting material and will withstand the environment to which it will be subjected
- placed in a conspicuous location
- secured to the lock to prevent inadvertent removal
- Z460 Minimum Requirements want you to Indicate:
  - the name of the person who applied the lock (usually the person disconnecting the equipment or installation)
  - o the person's employer
  - o why the equipment/installation is disconnected
  - o the date the equipment/installation was disconnected

**Some employers** also want you to put **your contact number** on the tag as well!

# 05.4 – Energy Isolating Device

An energy isolating device is a mechanical device that physically prevents the transmission or release of energy, including but not limited to the following: a manually operated electrical circuit breaker; a disconnect switch; a manually operated switch



by which the conductors of a circuit can be disconnected from all ungrounded supply conductors; a line valve; a block; and other devices used to block or isolate energy.

Note: Push-button selector switches and other control-type devices are not energy-isolating devices.

All lockout devices (including all tags used with lockout devices) shall

- 1. be uniquely identified;
- 2. be the only devices used for controlling hazardous energy;
- 3. not be used for other purposes;
- 4. be capable of withstanding the environment to which they are exposed;
- 5. be standardized within the facility (or company) in at least one of the following criteria:
  - 1. colour; (know your company colour scheme)
  - 2. shape;
  - 3. size; or
  - 4. iv) specific markings; and

6. be substantial enough to prevent operation of the energy-isolating device without excessive force, unusual measures, or destructive techniques, e.g., bolt cutters or other metal-cutting tools.

An information tag shall be used with each lockout device unless the lockout device itself has the required information attached.

Each lockout device, and tag if used, shall identify the authorized individual who applied the device and may include the date and reason for lockout - and remain legible for the duration of use.

# 05.5 - Hazardous Energy









**Hazardous energy is** any electrical, mechanical, hydraulic, pneumatic, chemical, nuclear, thermal, gravitational, or other energy that can harm personnel.

#### 06 - DUTIES & RESPONSIBILITIES

# **06.1 Primary Authorized Individual (PAI)**

# A Primary Authorized Individual (PAI)...

(which is sometimes referred to as a Person In Charge (PIC) - a more US term)

is a person assigned as the lead authorized individual, under the group lockout process,



to apply and coordinate the removal of the lockout of a machine, piece of equipment, or process, on which work will be performed.



# 06.2 Authorized Individual (AI)

An AUTHORIZED Individual is (Worker / Employee) A person who is qualified to engage in hazardous energy control because of knowledge, training, and experience and has been assigned to engage in such control.

Authorized individuals shall be responsible for performing hazardous energy control in compliance with the program, procedures, and training provided for them by the employer.

#### 06.3 - Affected Individual

An AFFECTED Individual is an individual who is not directly involved in the work requiring hazardous energy control, but who is (or may be) located in the work area.



Examples can include but not limited to: owners observing progress on a walkthrough, other workers/employees coming to discuss something with you, an engineer taking measures to verify installation or configuration (but is not modifying or working on the equipment directly), surveyors, etc.

06.4 - Employers



# **Employers Shall:**

determine through regular supervision or through inspections conducted on at least an annual basis that each worker is complying with the safety-related work practices required by this Standard.

# Have the following responsibilities:

establish, document, and implement the safety-related work practices and procedures required by this Standard

Your employer, depending on size, may have tiered inspection strategies ranging from field inspections, branch audits, and regional reviews to a national or corporate full review process.



# 06.4.1 - Training by Employer

# **Employers are responsible for TRAINING**

ensure a worker shall receive initial and periodic retraining in safety-related work practices and applicable changes in this Standard, at intervals not to exceed 3 years, to maintain an appropriate level of awareness...



# 07.0 - EXAMPLES OF ENERGY SOURCES

# 07.1 Examples

When there is a potential for harm to an individual, before work begins, all sources of hazardous energy shall be isolated, locked out, verified and deenergized (brought to a zero energy state).

- Electrical
- Hydraulic
- Mechanical
- Pneumatic
- Thermal
- Potential
- Kinetic
- Radiation
- Chemical

#### 08.0 - EQUIPMENT DESIGN AND PROGRAM REQUIREMENTS

# **08.1 Mechanical Examples**

In this section lets look at some examples of mechanical lockout devices and their applications. Note the red highlighted examples showing cautions and dangers to consider when applying lockout devices.

Valves on a pipe run (nipples) can often be involved in a lockout as an 'open to atmosphere point. In this case if they MUST be open for the lockout, they may likely be LOCKED OPEN.

Valve covers (in this case a GATE VALVE DEVICE) are used to prevent the turning of the handle once the valve is in the

'state' desired for the lockout.





#### **CAUTION!**

One thing that cannot happen as part of performing a lockout, is to create hazards for other worker(s). In this example, if ONLY the valve on the left was to be locked out, the applier of the cable and lock created a danger or risk in the facility by capturing the other valve in the process. If this same left-only lockout is required, put the cable around the stem of the other lock or the pipe to prevent introducing other hazards.

Hasps are useful in any application when potentially more than one lock may need to be applied.





This example is a solenoid control of a PVC ball valve.

NOTE: software control is NOT lockout, all solenoids still need a physical disconnect device applied.

#### **BARANTAS**

This type of lockout device is very flexible in its applications. There are pros and cons to this device



#### Pros:

- It fits many different sizes of valves easily
- It is a ball valve lockout device that can allow partial open or closed states or even ranges of states depending on where you put the 'peg' stops

#### Cons:

- does not cover the nut on the handle or provide extra security
- is possible for the 'pegs' to bend or move position
- does not have a built-in hasp

This type of ball valve cover is very strong but has some limitations.

#### Pros:

- Is very strong and completely covers the valve handle and body
- Has a hasp built in
- Prevents tampering with lock itself and will not shift from it's position

#### Cons:

- is limited in the size of valves it can handle you may need several different sizes of these depending on your applications
- Can only lock valve in two positions full open or full closed





# 08.2 - Electrical Examples

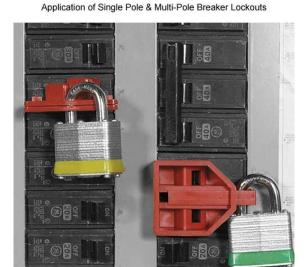
Lets review some of the common electrical lockout devices and their applications. Take note of the comments about concerns and risks in their use and how to best deploy them.

Electrical breaker disconnects are very common and come in many different shapes, sizes, and types of applications (breakers that they will fit).

The pinned breaker isolation device (requires breakers with tab holes for pins) The Leviton breaker isolation device.

Here is a compression-style device. You must be careful not to over or undertighten in order for it to be properly secure without damaging equipment.







NOTE: all tags MUST have the shackle of the lock go through the tag - zip tying to the lock is not acceptable.



In a case where many branch circuits need to be locked out, you may need to use many individual breaker isolation devices, as well as a cable lock. It is not practical or even possible to put a lock on each one.

CAUTION: lockouts, particularly group lockouts, should be designed with the consideration of when locks will need to be removed. For example, if half of this lockout will be removed in 1 week because work is finished, but the others will remain another 2 weeks for the rest to finish, this should have been setup as two different cables and lockouts.

Some multipole units like this one, have their own custom devices meant to be used with them. You may need to purchase or have provided for you (usually by owners of equipment) specific devices.



# 08.3 – When no connection point



Today there are so many different devices available, regardless of what you need to lockout, there is probably a device somewhere for that challenge.

Here is a cylinder head lockout for example.

In some cases, usually with legacy equipment, there isn't an easy or apparent way to securely lock it out.

Since clients or owners do not want their equipment damaged or altered, applying devices to ensure lockout can be a challenge. 3M make a product below to help with this.



This device from 3M, has a glue-on anchor point (The black block) which has a very strong hold, allowing a cable lock to be used to go through a switch that otherwise did not have a point to secure to for lockout. This device can be removed without any visible damage to a unit and is strong enough to not be taken off easily.

#### 08.4 - Other Connection Devices

As mentioned earlier, there are so many devices available depending on what you need to do. Check down below for just a few other examples of types of devices that are commercially available through common channels.

















STANDARDS

RULES

# 08.5 - LOTO Program Requirements

Lockout Program Requirements based on CSA Z460:20 §7.3.1

Lockout is a systematic program and is the primary method of hazardous energy control. A lockout program shall consist of the following elements to effectively protect personnel:

- a) identification of the hazardous energy covered by the program;
- b) identification of the types of energyisolating devices;
- c) identification of the **types of de-energizing devices** (permanently installed or portable);
- d) selection and procurement of protective materials and hardware;
- e) assignment of duties and responsibilities;
- f) determination of shutdown, de-energization, energization, and start-up sequences:
- g) documented lockout procedures for machines, equipment, and processes;
- h) training of personnel; and
- i) auditing of program elements.

# 08.6 - Requirements of Manufacturers & Integrators

Today, in accordance with the CSA standard, anything manufactured which may need servicing, MUST have built into it, the ability for a worker to isolate energy sources to be able to repair, service, or perform work on the equipment or device.

Manufacturers, integrators, modifiers, and remanufacturers shall be responsible for designing, integrating, installing, and building



machines, equipment, or processes so that the user can effectively control hazardous energy during activities such as, but not limited to, erecting, installing, constructing, repairing, adjusting, inspecting, unjamming, setting up, troubleshooting, testing, cleaning, dismantling, servicing, and maintaining machines, equipment, or processes.

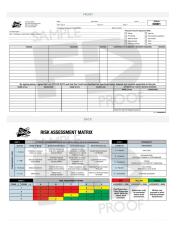


#### 09.0 - HAZARD IDENTIFICATION AND TASKS

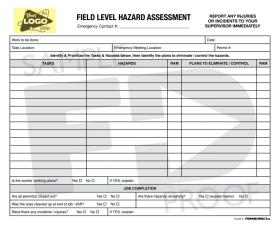
# 09.1 – JHA, FLHA, PSI, POD, CSR to name a few

As part of performing any high-risk activity or task, a hazard assessment must always be performed and controls developed to mitigate risk as much as possible.









Your company may have a form for this, they might be called a Job Hazard Assessment, a Field Level Hazard Assessment, a Plan of the Day, or even a Customer Service Report for integrated safety and billing forms. Regardless, the purpose is the same.

- Stop
- Assess (think)
- Control (devise how to proceed safely)
- **Implement** (perform actions to control)
- Verify (ensure you have controlled what you think you have)

Similar to the Plan-DO-Check-Act concept.



However, there are well-done assessments (written down), and not-so-well-done assessments. It is very important you have a good record of your controls and actions in regards to your energy isolation.

# So what IS a BAD Entry?

Always identifying your controls on your forms is very important and part of a good due diligence defense. But don't just write 'performed lockout' as that is not overly helpful to show you knew what you were doing.

# What is a GOOD Entry?

**Write as your control:** Isolated MCC #2, Suction valve A20, and outlet valve CD4, then verified zero energy state.

# 09.2 – Verification Testing

The Critical Importance of Verification of Zero Energy State

Placing systems in a safe working condition might seem simple, but there are several factors to consider.

- Proper planning and preparation will make any type of testing simpler and safer.
- Having to gather (fetch) other tools or testers interrupts focus and can contribute to an accident.
- Will you be troubleshooting or testing for the absence of voltage?
- What test instrument will be used to determine the absence of voltage?
- Is a detailed warning label present for arc flash and shock?

Not verifying is gambling with yours and others lives - this fella lost the bet.

So what must be considered when testing for zero or absence of energy?

You MUST always treat it as if energy is there until you prove there is not.

#### ALWAYS.

Ask yourself some primary questions:

- What PPE will be required?
- What is the voltage of the circuit?
- · What is the Arc Flash Boundary?
- Is your lockout/tagout complete?
- Is your test tool functioning properly?

#### 09.3 – Determining Safe State

For some situations, determining a safe state (absence of energy) can be very difficult, especially if the situation is not set up to be able to do this.

Take a piping system that has been isolated. It has no gauge, no nipple (open to the atmosphere point), and no other extension from it. How would you verify there is no pressure in the pipe - extremely challenging.

Ensure when building or preparing systems, you build into the system a way or method for verifying the zero energy state. This is most important for service technicians in various trades who have to leave systems for a period of time in an isolated state (for service).



Eg. When larger cast pipe is being used, put a valve on the blind.



In long pipe runs fully installed, make sure there are nipples or open to atmosphere points at key places where a worker can both relieve pressure and ensure an open to atmosphere point.

When electrically verifying treat as voltage is present this means what PPE do you need to have on to protect yourself from potential hazards of live energy at the voltage level you're testing for?

Shock and Arc Flash protection are likely required.



# 10.0 - TYPES OF ENERGY CONTROL (LOTO)

#### 10.1 – Individual LOTO

Individual Lockout is as it sounds - you as an individual are locking out equipment so you have complete control while working on it for energy isolation.

It may be one or several isolation points, but you will be the KEY HOLDER for all the locks involved and have complete control over any future activation of the equipment.

You may be assigned an individual lock (commonly red) that has ONLY ONE KEY and the serial number is recorded as assigned to you. The lock must have only one key.

The lock must also have a tag on it when applied in a LOTO.

# **10.2 – Group LOTO**

Group Lockout using locks referred to as "Group" or "Company" locks as primary isolation point locks. These locks go on the equipment, their corresponding keys are placed in a "lock box" which as the picture to the left shows a wall-mounted unit, or can be portable (tabletop). Workers then 'lock off' with their personal locks on the LockBox directly controlling access to the equipment keys (their personal control).



Group lockout is for groups of workers, and it does require more time to setup and requires additional hardware from strictly individual lockout.

The next section will get into the requirements of group lockout equipment.

#### 10.3 – Lock Purpose & Colours

Your company may have a specific colour code with meanings for different types of locks.

For the purpose of this course, we'll define the following key persons and their corresponding lock colours as follows:

RED = Your Personal Lock
BLUE = Group or Company Lock
GREEN = Supervisor Lock (or security lock)
YELLOW = Complex Lockout Control Lock
PURPLE = Subtrades lock colour.



It is not common for subtrades that might be working for your company to come with the correct colour of lock. It is also NOT possible to get locks which come in multi-colours, but sometimes a lock needs to identify several different things.

For example, a lock may need to identify a subtrade supervisor, yet they may have come with a red lock for this purpose. Having a collection of multi-colour electrical tape is an inexpensive and fast way to correct the issue.

If the subtrade supervisor had a RED lock with them, you can band the lock with GREEN and PURPLE electrical tape to signify this is the supervisor of the subtrade.

Or if this is a worker for a subtrade signing in your lockout, and they already have a red lock indicating their PERSONAL lock, you simply need to add a PURPLE band to the already red lock.



#### 10.1 - Individual LOTO Details

# Every Authorized Individual (worker/employee) is to be issued a PERSONAL lock.

The personal lock is like your ID, it goes wherever you go. If you're not there working on the system, neither is your personal lock. But if you're there, working on the system, your personal lock is your ID that you, as identified on your tag, is there and working on the system and no one can activate unless you say it's safe by removing your lock yourself.

Personal locks must have only **ONE key**, and have a tag which is:

#### **TAGS MUST:**

- made of non-conducting material and will withstand the environment to which it will be subjected
- placed in a conspicuous location
- **secured** to the lock to prevent inadvertent removal
- Indicate (4 things required by CSA 460):
  - the name of the person who applied the lock (usually the person disconnecting the equipment or installation)
  - o the person's employer





- why the equipment/installation is disconnected
- the date the equipment/installation was disconnected

# But your employer may want you to put extra information on the tag beyond the CSA 460 requirement:

This can include but is not limited to your phone number, employee ID, your photograph, your title or position, etc.



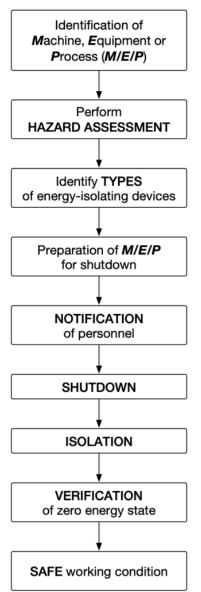
Each Individual is to receive appropriate training.

For many company programs, there is a simple Work Hack that can be done to keep writing time efficient and accurate

"The standard does not limit the number of tags that can be attached to a lock, only that it must have at least one. Since often 3 of the most common things on the tag in individual LOTO are static, there's not need to write them over and over again. Take one tag and write your name, employer and your contact phone number. Laminate it, or put clear packing tape over the writing to prevent if from being rubbed off. Then using a second tag attached to the same lock, with a dry erase marker, write the date and why you are performing the isolation. You can repeat this process over and over again, due to the dry erase marker - only writing very little and using very few tags."



#### 10.1.2 – Individual Process



**Identification:** is recognizing LOTO is going to be required

**Perform hazard Assessment:** Using your company methods, assess for hazards and develop controls

**Types of Devices:** Identify all the different types of devices you'll require. If you don't have them, you can't start this until you obtain them.

**Prepare:** This means getting everything all located and ready to apply, tags completed, etc.

**Notification:** Very important in many situations. It is unprofessional as well as can be unsafe to not let people know services or energy supply will be turned off. Notify those that need to know.

**Shutdown:** Perform the shutdown, turning off, closing of valves etc.

**Isolation:** Apply your personal lock(s) - you may need more than one.

**Verification (Critical Step):** After energy has been isolated and released, verify you have obtained zero energy state.

**Safe working condition:** if the verification proves true, you can proceed to work in a safe state maintaining control over your locks and keys.

#### Personal Locks must be in the control of the authorized individual.

You can NEVER give your key to your personal lock to anyone!

- If your company uses JHA/FLHA/PSI etc., record on your personal/individual form
- BE SURE to identify ALL hazardous energy sources
- BE SURE to verify



It will become more common to have some clients (owners) develop standardized safety procedures for their equipment. Here is an example of a simple chiller and the owner's procedure they want contractors to follow when working on it.

Note it has two isolation points, which MAY require the use of two locks (but you accomplish it with one lock and a cable lock device), and they've told you everything you need to know: Voltage, pressure, how to verify, etc.

# What happens when 2 or 3 people want to work on this at the same time? How can we handle that?

Hasps can be used, and each person remains in their OWN personal lockout - applied their own personal locks.

#### OR

It can become a **GROUP** lockout, with group locks applied to the isolation points, and personal locks applied to the LOCK BOX used in group lockout. More on this coming up...

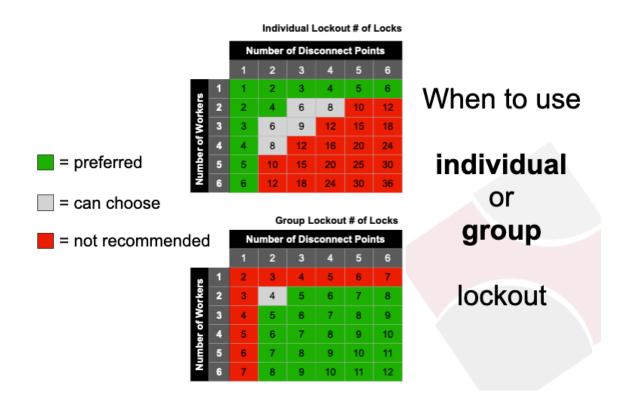


# 10.1.3 – When can't a worker use individual LOTO anymore?

Individual lockout is fast, simple and has very little 'paperwork'. You simply need to complete your company hazard assessment, tag your lock(s) appropriately and you're ready to perform the Lockout.

#### But how far can we stretch this... is there a limit?

Yes there is and let's look at the practicality of the switch to group lockout.



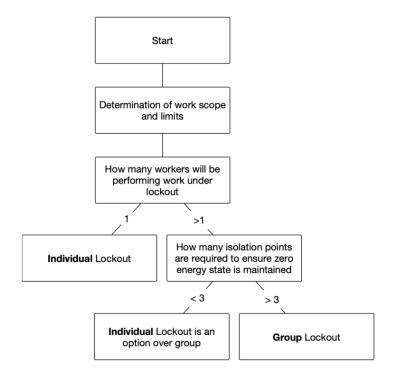
The tables indicate the ideal number of locks and hardware used.

For Individual LOTO, note as the number of people and isolation points really starts to increase, it becomes impractical to stay in the individual lockout process.

Group, on the other hand, doesn't handle the smaller situations of only a few people and isolation points very well.

Some companies will leave it up to the field workers to decide when they will shift from individual lockout to group lockout. Check with your company program for this information.

In general, many situations where there is more than one worker and more than one isolation point, often transition to group lockout around 3 isolation points. Not always, but it's a common number in many programs.



Using the previous table, there is small set of options which can allow for either individual or group lockout to be performed with similar lock requirements.

When choosing, be mindful of the weight of the locks on the lockout device and damage to equipment or machine.

# Whether individual or group LOTO - EVERY WORKER MUST BE PROTECTED

#### 10.1.4 - Review of Individual LOTO

#### **Review of Individual Lockout**

- performed by individual worker
- requires locks to have personal tag completed with requirements of CSA Z460 and potentially some company-specific requirements
- Name
  - Employer
  - Date of disconnection
  - Reason for disconnection

and if the company requires

- any company-specific information required (phone, ID, Photo, etc)
- has little paperwork beyond tag and hazard assessments
- can require workers to use more than one lock within limits

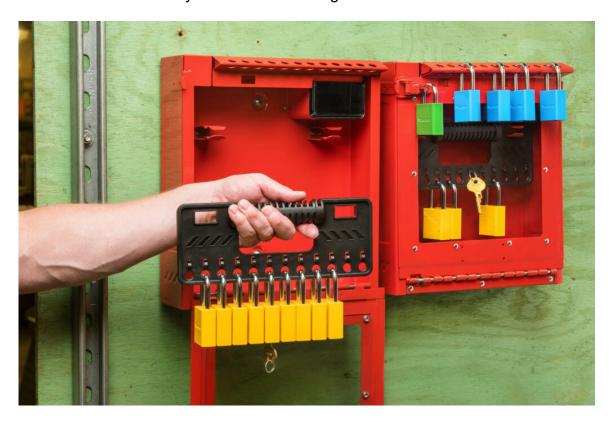
- each lock can only have ONE key
- YOU remain in control of each lock's key at all times
- your individual lock CAN NOT be left behind if you are not there working on the system
- several 'individual' workers can work together with each worker remaining independently in individual lockout

#### **10.2 – GROUP LOTO**

# 10.2.1 – Group LOTO Equipment

# Group LOTO commonly uses the following extra equipment:

- Lock box (either wall mount or portable)
- Group or Company locks with tags
- Permit (paper document with details of locked out equipment
- for multi-shift work may include a worker sign on/off form



In this image, the 'group' locks are yellow. NOTE that they have only a single key. Keyed-alike locks can be allowed in a LOTO program, but ONLY under the condition, there is still ONLY ONE key for all of them.

Note there is a green Supervisor lock, and blue Individual locks on the second box shown.



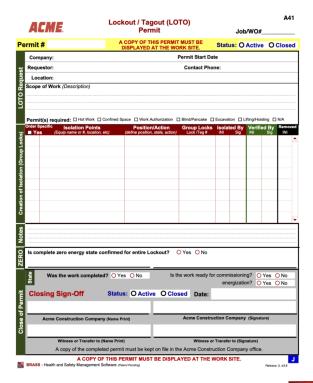
A portable lock box - common in construction or mobile service groups.



Example **permit** which may be used to identify and record actions to set up and administer group lockout.

# Worker Sign on and off form for multi-shift group

lockouts where worker presence on the lockout is monitored. This sheet also clearly identifies associated permit and lock box numbers to tie them together.





# 10.2.2 - Group LOTO Tags

All locks involved in a lockout require a tag. Group locks also require a tag but their requirements are simple but vary between companies.





Most companies require the following in their **GROUP TAGS** using a permit system:

- Company Name
- Permit Number
- **Phone number** usually for either the main corporate office or a specific number for the job or project (so that someone can be reached in the event of questions or emergencies)

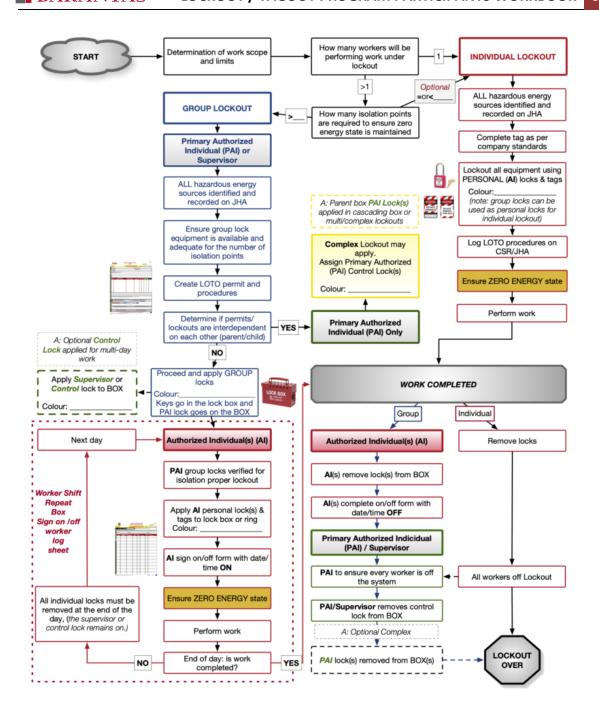
#### 10.2.3 – Group LOTO Process

The flowchart below combines the overall LOTO process and the decision plan for individual vs group LOTO. This chart is based on the following colour scheme for a companies program:

RED = Individual
BLUE = Group or Company
GREEN = Supervisor
YELLOW = Complex Lockout

In a GROUP lockout, the Primary Authorized Individual (PAI) usually develops and creates the LOTO permit and schema, oversees the application of group locks (and may participate), puts all group lock keys in the lock box, creates a worker sign-on/off sheet if needed, and may apply a supervisor lock to the lockbox if a multi-shift task.

When work is completed, all workers must come off the system and it is verified safe to energize, PAI takes the supervisory lock off the lock box and allows access to group keys to remove all equipment locks and the lockout is over.



# 10.2.5 - Group LOTO Forms

Group LOTO often has a permit system with a defined life cycle:

- 1. Request (need identified)
  - o identifies the work scope that is to be accomplished
- 2. Create (determine and build isolation scheme)
  - identify ALL potential hazards and risks to determine isolation points
- 3. Isolate (perform isolation)
  - o executes instructions on an isolation list (sometimes order-specific)
- 4. Verify (confirm isolation and zero energy state)
  - o cannot be performed by the *original isolator*, confirm LOTO
- 5. Issue (permit is created and active)
  - both isolator and verifier confirm LOTO following which PAI issues permit
- 6. Close (close of issued permit work ended/stopped)
  - o after verifying safe to do so, permit is closed, locks are removed

# There can be two forms in group lockout.

The primary form or permit, is the main document that includes all the details of what, where, and how isolation points are locked out.

The permit is often referenced by workers to ensure they understand exactly what has been isolation to ensure they are working on the equipment in a safe state. This can include but is not limited to:

- Address of facility
- Primary Authorized Individual name and contact number
- Information about interconnected requirements (permits)
- Details about the isolation points and states
- Comments if applicable
- Primary Authorized Individual verification of OVERALL zero energy state.

Below are some examples of the forms. In the next section, there is an example of how they could be completed.

#### 10.2.5.1 - The Permit

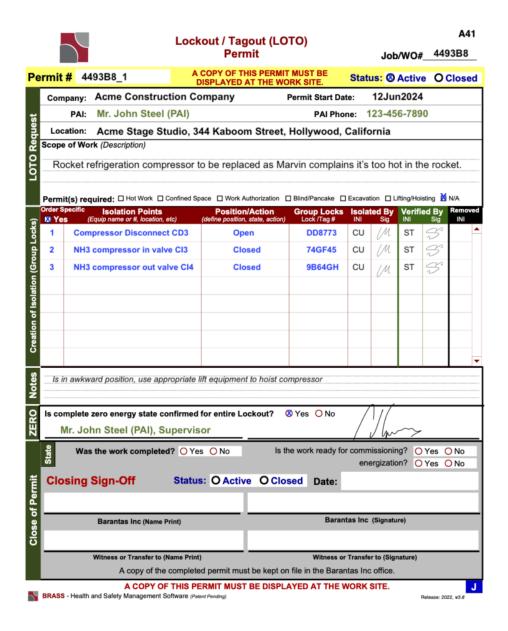
Below is a sample completed permit. Some items have been colour-coded to help you appreciate what goes where.

 Primary Authorized Individuals and their associated hardware are colour coded GREEN · Group locks are colour coded BLUE

Note this permit has three isolation points. An electrical feed to the compressor, and the in and out of the compressor refrigerant (NH3).

Two different workers applied the locks to the isolation points and verified the correct point and the state of the isolation before printing their initials and initializing.

N/A is checked for other permits as no other permits are connected to this one.



# 10.2.5.2 - The Work Log Sheet

A worker sign-on and off form is also part of this permit shown below.

There are several key things being demonstrated in this example.

- Note that the PAI supervisor lock (green) is added at the start of the lockout to both the initial field, as well as the first line entry on the signon/off below.
- Workers are coloured RED
- On day 4 (27th), we have a change of PAI (supervisor).
- Note the time the locks are exchanged. The NEW lock goes on BEFORE the OLD lock comes OFF.
- Currently on day 4 all workers are working on the system at the time we are looking at the sheet.



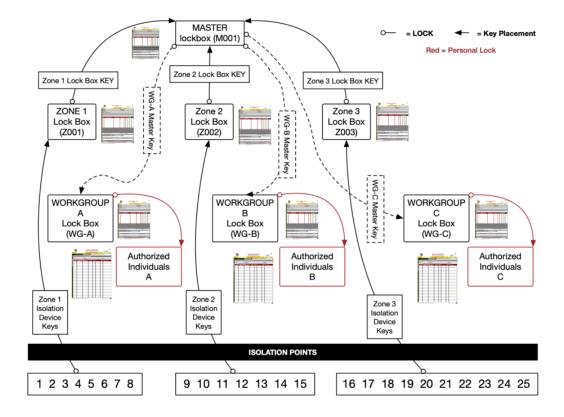
#### 10.3 – COMPLEX LOTO

#### 10.3.1 - Complex LOTO Overview

Complex LOTO is not detailed in this course.

Most of the time, companies that require complex lockouts hire specific persons or assign people trained and competent in complex lockouts to manage and oversee the entire Complex Schema. As a result, it is not covered in this course but we'll show you a basic overview of a simple one.

There are no test questions on complex lockout.



#### 11.0 – ABNORMAL SITUATIONS

#### 11.1 – What causes abnormal lock removal conditions

Sometimes a situation arises where the lock is required to come off but the key is not present. There are two primary cases when this happens:

- 1. The key has been lost.
- 2. An error is made and a lock is left behind (worker or trade)

When this happens the process has to start to 'cut the lock'.

This process is designed to take some time on purpose, companies don't want to cut locks.

#### The process is:

- 1. Most commonly performed when
  - Worker/Trade leaves lock behind and is not present
  - Key is lost
- 2. Designed to require two persons to verify safe for removal
  - identify ALL potential hazards and risks to determine isolation points
- 3. Isolate (perform isolation)
  - o executes instructions on isolation list (sometimes order specific)
- 4. Verify (confirm isolation and zero energy state)
  - o cannot be performed by *original isolator*, confirm LOTO
- 5. Issue (permit is created and active)
  - both isolator and verifier confirm LOTO following which PAI issues permit
- 6. Close (close of issued permit work ended/stopped)
  - o after verifying safe to do so, permit is closed, locks are removed

#### 11.2 - The Lost Key Procedure

Sometimes a situation arises where the lock is required to come off but the key is not present. There are two primary cases when this happens:

- 1. The key has been lost.
- 2. An error is made and a lock is left behind (worker or trade)

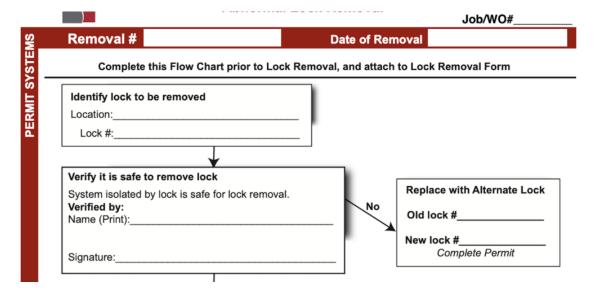
When this happens the process has to start to 'cut the lock'.

This process is designed to take some time on purpose, companies don't want to cut locks.



#### The process is:

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  - Key is lost
- 2. Designed to require two persons to verify safe for removal
  - identify ALL potential hazards and risks to determine isolation points
- 3. Isolate (perform isolation)
  - o executes instructions on isolation list (sometimes order specific)
- 4. Verify (confirm isolation and zero energy state)
  - o cannot be performed by original isolator, confirm LOTO
- 5. Issue (permit is created and active)
  - both isolator and verifier confirm LOTO following which PAI issues permit
- 6. Close (close of issued permit work ended/stopped)
  - o after verifying safe to do so, permit is closed, locks are removed



#### 11.3 – Worker/Trade Forgotten Lock Procedure

**FORGOTTEN LOCK (ERROR):** Follow the flowchart all the way through allowing for at least a minimum of 60 minutes to respond to attempts to reach them (text, voicemail, emails, etc.) before proceeding down the flowchart to obtain alternate authorizations to cut the lock.

#### When cutting a worker/trade lock Supervisors SHALL:

 Obtain second authorization at or above their administrative level in the company from a person of authority for the task being performed



- Make every reasonable effort to contact the owner of the Lock. If it is a subtrade or alternate company lock, please refer to the next section.
- If a trade lock, be sure to involve management in the process as it's a very political event to bridge the control boundary of another company's Lockout system.
- Complete permit after flowchart has been completed.

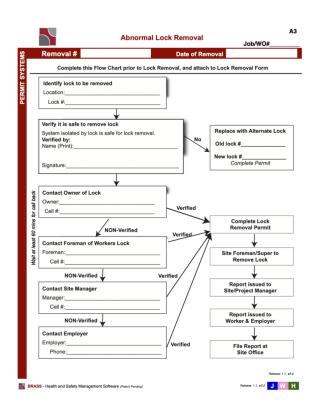
NOTE: on the form below the simple lock replacement section (lost key) has been blocked out as it cannot be used in this case.

#### 11.4 – Forms and Requirements

The Two forms in their entirety are the procedure flowchart side, followed by the permit side. The permit includes much of the previous flowchart information, however has the formal sign off and authorization fields.

When cutting locks in either case:

- Save the lock and permits, they are legal documents and hardware and will be returned to the office
- If receiving phone authorization and the person is not present to sign, indicate the phone number calling from and to with the date and time in the signature field instead.





#### 12.0 – EXAMPLES AND LEGAL IMPLICATIONS

#### 12.1 – Challenges of Travelling Service Professionals



One of the challenges of a mobile service or repair person is what do you do when you cannot finish the job this visit or shift?

A very common problem, as parts might need to be ordered, or motors sent out to be rebuilt. In the meantime, you have a responsibility to leave the client's facility in a safe state, and this goes beyond

simply telling them you're not finished.

### Let's take the example of removing an electric 600v motor to be rebuilt. This will take 2 weeks before it is returned.

- Any fluid the pump might have been responsible for moving is likely isolated (in and out valves closed)
- The electrical feed to the motor (now just pigtails on the floor) is open with the Motor Control Centre (MCC) in the off position.

#### **Before leaving you MUST:**

- ensure any other person will not hurt or injury themselves
- have informed the client of the situation
- put written notifications in place indicating it's not operational
- put a physical barrier in place to prevent accidental operation or energization.

#### 12.2 – The Requirement of 'Leaving Equipment in safe state" Challenge

## There are three primary components in showing you've done your due diligence in leaving it in a safe state:

- Tell the owner/manager it is not completed and unsafe to operate
- Place signs indicating that it is not safe to operate on all critical or key areas
- Put a physical barrier in place to prevent 'accidental' operation of equipment or re-energization.

Perform a risk assessment as to what would happen if a) a valve was opened, or b) the MCC was turned 'on'.

To protect from the electrical hazard, the CEC requires installations to be 'finger safe'. You could accomplish this in different ways:



- 1. Lock out the MCC preventing operation with either a facility lock (from facility) or by leaving a lock behind (less preferred); or
- 2. Remove the wires from inside the MCC on the load side such that any operation of the MCC will not transmit power to anything; or
- 3. At the pigtail end, secure wire ends in a junction box which is further secured in place. Wire nut and tape ends inside the box, and securely place cover on box (screwed down).

Options 2 and 3 do not require leaving any LOTO hardware behind and are often preferred for this reason.

#### 12.3 – Due Diligence Explained

As repair or service professionals who frequent client facilities and must leave behind unfinished tasks, you're often challenged with keeping as much of your own LOTO hardware with you to go to the next client as possible. This means taking locks off, and leaving the 'situation' in a safe state.



Primary considerations when doing this:

- You have to prove you told them not to operate it
- · You have to prove you put a sign saying do not operate it
- AND you have to place some physical in a way that requires a tool, or another piece of hardware, to enable the victim to be able to access or operate when you don't want them to and DEFEAT the item you have in place (eg. removing a fuse is not sufficient).

#### 13.0 - REFERENCES

#### 13.1 - Canadian & International References

- Occupational Health & Safety Act R.S.O. 1990, c.O.1 (as amended)
- Regulations for Construction Projects O. Reg 213/91 (as amended)
- Regulations for Industrial Establishments O. Reg 851 /90 (as amended)
- CSA Z462 Workplace Electrical Safety (as amended)
- CSA Z460 Control of hazardous energy Lockout and other methods (as amended)
- CSA Canadian Electrical Code (CEC), C22.1-09 (as amended)
- IEC 61010-1 (Safety requirements for electrical equipment for measurement, control and laboratory use - Part 1: General requirements). (International) (as amended)
- OSHA 29 CFR-1910, Subpart S (US) (as amended)
- NFPA 70, "The National Electrical Code" (NEC) (US) (as amended)

• NFPA 70E, Standard for Electrical Safety in the Workplace (US) (as amended)





## **NOTES:**





"Tell me and I forget, teach me and I may remember, involve me and I learn."

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**Barantas Inc.** (Barantas) offers many of the essential programs that companies require to ensure their workers are working proactively to the best of their abilities and in a safe and healthy manner.

In many cases, Barantas will tailor programs to suit the clients' needs. Barantas has custom courses not listed in this catalogue, please call and inquire if a specialized course is required.

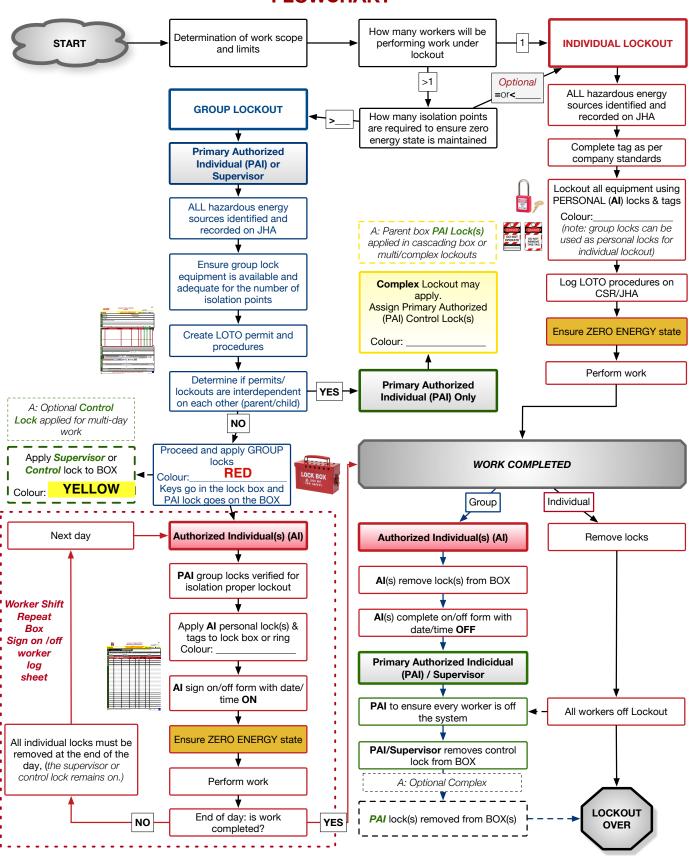
Several key components in our course offerings help differentiate us from other training providers. When looking for high quality training, and education programs, ask about the following:

- ✓ A full employer certificate complete with all the training information and identical to the training card for the worker
- ✓ Security-enhanced Records-of-Training (ROT) make sure the top quality you have paid for is not fraudulently copied
- ✓ Legislation compliant certificates by course
- ✓ Light, thin, wash-proof, and tear-proof cards
- ✓ Easy call-in authentication of training cards issued
- ✓ Many NATIONALLY Standardized, adult-designed training programs

Barantas is striving to ensure your employees receive the highest quality training and education available in the country today.



## Lockout / Tagout (LOTO) FLOWCHART



#### **Lockout / Tagout (LOTO) GUIDELINES**

#### Individual Lockout # of Locks

Group Lockout # of Locks

		Nu	Number of Disconnect Points									
		1	2	3	4	5	6					
s	1	1	2	3	4	5	6					
rker	2	2	4	6	8	10	12					
Wo	3	3	6	9	12	15	18					
er of	4	4	8	12	16	20	24					
Number of Workers	5	5	10	15	20	25	30					
Z	6	6	12	18	24	30	36					

When to use

individual or group

lockout

= preferre	ed
------------	----

= can choose

	= not	recommended
--	-------	-------------

led		Number of Disconnect Points							
		1	2	3	4	5	6		
S	1	2	3	4	5	6	7		
rke	2	3	4	5	6	7	8		
Number of Workers	3	4	5	6	7	8	9		
er o	4	5	6	7	8	9	10		
턡	5	6	7	8	9	10	11		
Ź	6	7	8	9	10	11	12		



# Lockout / Tagout (LOTO) Permit

Job/\	NO#	

Pe	rmit #					HIS PERMI AT THE WO			Statu	s: O	Active	0	Closed
	Compa	any:					Permit S	tart Da	te:				
st	ļ	PAI:					Р	Al Pho	ne:				
Request	Locat	ion:											
LOTO Re	Scope o	f Work (Descrip	otion)										
	•	s) required: 🗆 🖰		Confined Space									
	Order Spe	I <b>solati</b> o ا Equip name c)	on Points or #, location, e	etc) (c		n/Action n, state, action)	Group Lock /	Locks Tag#	Isolate INI	ed By Sig	Verified INI	<b>I By</b> Sig	Removed INI
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					nust be kep	ot on file in t							

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# Lockout / Tagout (LOTO) Extra Isolation Points (Paper Records)

Job/WO#\_\_\_\_\_

PERMIT SYSTEMS - LOTO ISOLATION POINT LISTING	Permit #	: T	HIS COPY OF ISOLATIO REMAIN WITH THI	N POINTS MUS E PERMIT	T St	atus:	O Ac	tive (	O Closed
ST	Order #	Isolation Points (Equip name or #, location, etc)	Position/Action (define position, state, action)	<b>Group Locks</b>	Isola	ted By	Verif	ied By	Removed INI
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## Lockout / Tagout (LOTO) Worker Sign On/Off Form

**A42** 

Release: 3, v3.2

		•	***	kei olgii o	II/OII I	OIIII		Job/WC	)#
Pe	ermit #			F WORKER SI REMAIN WITH			Status: (	O Active	O Closed
	Lock	box or ring #		Identify	parent (l	P) or child (C)	boxes or ri	ngs:	
BOX	This box i	is part of a complex	lockout O Yes	<b>O</b> No					
m	This is the sec	curity lock (or supervisor	lock) for the contents of	of the lock box or rin	g ONLY. M	lake first line en	try in sign on	off area as w	ell.
	Lock #:		Applied by:				Pho	ne:	
S			OTO signifies you ha			the safety haz			
EMS	1 1- 46	Individual / Wo		Sign On LOTO			Sign Off LOTO		
Ë	Lock #	Name	Company	Date	Time	Date	Time	Signa	ture
} <u>`</u>									
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PERMIT SYST									
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# Lockout / Tagout (LOTO) Permit

Job/WO#
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	Com	pany:			Permit Start Dat	te:		
st		PAI:			PAI Phoi	ne:		
Request	Loc	ation:						
	Scope	e of Work (Description)						
LOTO								
ĭ							<i></i>	
	Permi	it(s) required: ☐ Hot Work ☐ C	onfined Space   Work	Authorization [	☐ Blind/Pancake ☐	Excavation   L	ifting/Hoisting	] N/A
ns	A 41:	Lock Colour Definitions: if			codes defined below:	O Not Used	O Defined C	Colours
Definitions	knowled Primary	zed Individual: person who is qualified to older, training, and experience and has been authorized individual: a person assigned	assigned to engage in such as the lead authorized indi	n control. Prima ividual	ary Authorized Indiv	vidual:		
efir	machine	ne group lockout process, to apply and coor e, piece of equipment, or process on which	work will be performed.	ut or a Supe Group / Coi	ervisor:	Individual	/ Worker: ontractor:	
Д	Isolatio	on Guarantee: if service isolation fron	n a utility is required, the		<u> </u>			Person
Utility		LOTO becomes the "HOLDER" of that ompany:	t Guarantee.		Guarantee #			
<u>=</u>		vided by:			Contact Pho	 ne:		
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ks)	<u> </u>	<b>5</b> (Equip hame of π, location, et	(define position	in, state, action)	LOCK / Lag #	livi Sig	livi Sig	INI
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dno								
(Gr								
olation (Group Locks)								
olat								
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<b>Creation of Is</b>								
eati								
င်								
_	Verific	ation of Isolation: a level that is not I	parmful to any individual	must be confirm	ed and verified. This	must be done by	an authorized ner	▼ vson
ZERO	Zero I	Energy Verified by Confirmed: Yes		ast se committe	Signature	•	ddulonzeu pel	
×	Key	s in box or ring #		Identify pare	ent (P) or child (C	) boxes or ring	ıs:	
Вох	This	box is part of a complex locko	ut <b>O</b> Yes <b>O</b> No					



# Lockout / Tagout (LOTO) Permit

Permit #		Release: 3, <i>v3.2</i> <b>Job/WO#</b>			
	Name of Document 1	Name (	of Document 2	Name of D	ocument 3
Documents	Add Doc1 Export Doc1  A hazard analysis has been per	Add Doc2	Export Doc2  nd is complete?	Add Doc3	Export Doc3
ssue	Permit issued by Primary Authorized Individual: Phone:				
<u>SS</u>	Primary Authorized Individ	lual Signature:			
Notes/Comments					
<b>ම</b>	WORK COMPLETION:		Is the work ready	y for commissioning?	O Yes O No
State	Was the work completed? O	Yes O No	Is the work rea	ady for energization?	O Yes O No
	Surrender of Isolation Guara	ntee:	Holder Surrender	ed Date:	
Surrender Code (if any): Holder			Holder Surrender	der Surrendered Time:	
۰	Surrendered by (Holder):				
Close of Permit	Closing Sign-Off				
Clos	(Name Print)			(Signature)	
	Witness or Transfer to (Nar	Name Print) Witness or Transfer to (Signature)			
	A copy of the completed permit must be kept on file in the Acme Construction Company office.				

A COPY OF THIS PERMIT MUST BE DISPLAYED AT THE WORK SITE.





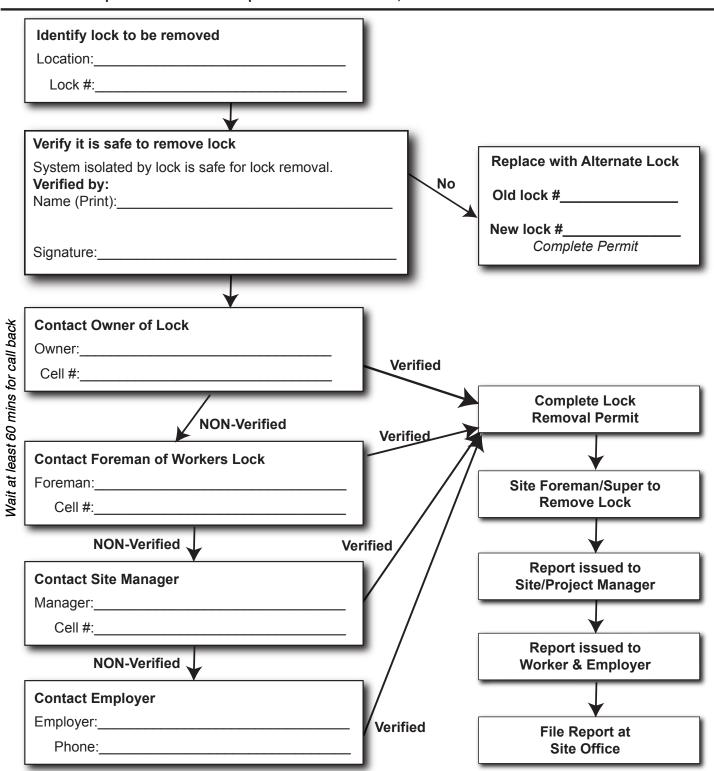
Job/WO#

**PERMIT SYSTEMS** 

#### Removal #

#### **Date of Removal**

#### Complete this Flow Chart prior to Lock Removal, and attach to Lock Removal Form



Release: 3, v3.2





Job/WO#\_\_\_

Removal #		Date	Date of Removal:		
	Lock #	On Box #	Under Permit #		
Lock Info	Lock Owner Employer		Phone:		
	<b>Lock Location</b>	:			
	Lock Owner	s Foreman: Phone:			
		orting Documents? O Yes O No If Yes atta ame:			
Questions (Perform in order)	All questions & Flow Chart below must be completed prior to lock removal authorization:				
	1. Are there any other options to removing the lock & tag? O Yes O No  Explain:				
rm in	2. How critical is this request? ☐ Urgent ☐ Important ☐ Report Only				
erfol	3. Has contact been made with Lock & Tag owner? ○ Yes ○ No				
) (Pe	By Whom:	How?			
tions	Explain:				
n Ques	4. Has it been confirmed that the Lock & Tag owner has left the location? O Yes O No By Whom:				
atio	5. How long have you waited for a confirmation reply? Time:				
Verification	6. Has contact been made with Lock & Tag owner's Foreman/Supervisor? ○ Yes ○ No				
	By Whom: Time:				
noval	7. Has it been verified/confirmed by a second person it is safe to remove lock & tag?  By Whom:  O Yes O No				
Remo	Explain:				
	8. As an authorized person are you confident it is eafe to remove this look 8 tag? O Ves. O No.				
-	<ul><li>8. As an authorized person are you confident it is safe to remove this lock &amp; tag? ○ Yes ○ No</li><li>9. Authorization by foreman/supervisor to remove lock - complete Verify below:</li></ul>				
Verify		. ,			
\ Ve	Foreman	or Supervisor (Name Print)	oreman or Supervisor (Signature)		
	Final (2nd) Authorization for Lock Removal				
2nd					
	Acme Cons	struction Company (Name Print)	Acme Construction Company (Signature)		

Notice of Violation to be completed - lock owner must acknowledge removal from LOTO